



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

Langdon Offensive Skills Training Camp

Camp Date: June 26-28, 2016

Location: Langdon Area School Gym

with Warwick Workout Lead Trainer – Greg Foster

Session 1: 7th-12th Grade Boys

Sunday, June 26 1:30-4:30 pm
Monday, June 27 8:30-10:30 am or
10:45-12:45 pm (shooting sessions)
Tuesday, June 28 9:00-noon

Cost: \$150 Make checks payable to: Avera Sports

Session 2: 7th-12th Grade Girls

Sunday, June 26 5:30-8:30 pm
Monday, June 27 1:30-3:30 pm or
3:45-5:45 pm (shooting sessions)
Tuesday, June 28 1:00-4:00 pm

Cost: \$150 Make checks payable to: Avera Sports

Shooting session – Athletes will attend 1 of the 2 shooting sessions times. This helps to ensure we have the most productive shooting session and optimal teaching environment.

Camp Features:

3 session camp – focused on Advanced Offensive Skills designed to enhance and expand an athlete’s skill set

- Shooting and scoring drills
- Perimeter moves currently used by college and Pro players
- Shooting instruction and development
- Creating space to score
- Finishing Drills
- Advanced ball handling concepts



To register please send registration form and full camp payment to:

Ethen Askvig
1815 10th Street
Langdon, ND 58249

For questions about the clinic please contact:

Ethen Askvig (701) 370-7131
ethen.askvig@k12.nd.us

Each athlete will receive Warwick Workout shorts and t-shirt

For more information, visit our website at WarwickWorkouts.com or contact North Dakota Director Greg Foster at 701-208-1341

Langdon Offensive Skills Camp Registration Form

June 26-28, 2016

Name of Athlete _____ Grade _____

Parent Name _____ Phone Number _____

Session 1: 7th-12th Grade Boys (\$150) Session 2: 7th-12th Grade Girls (\$150)
Make checks payable to: Avera Sports

Camp Waiver Information

I understand that the staff is not and will not be held responsible for illness or injury while my child participates in camp activities. I authorize the staff to secure any emergency treatment deemed necessary. I also acknowledge that the above participant is physically ready for camp activities.