



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

## Benson Co. Offensive Skills Training Camp

Camp Date: July 5 & 6, 2016

Location: Leeds School Gym – Leeds, ND (July 5) and Maddock School Gym – Maddock, ND (July 6)  
with Warwick Workout Lead Trainer – Greg Foster

### 7th-12th Grade Boys & Girls

Tuesday, July 5..... 3:00-6:00 pm – LEEDS SCHOOL GYM

Wednesday, July 6..... 9:30-11:30 am (shooting sessions) - MADDOCK SCHOOL GYM

Wednesday, July 6..... 1:00-4:00 PM - MADDOCK SCHOOL GYM

Cost: \$145 - Make checks payable to: Avera Sports

### Camp Features:

3 session camp – focused on Advanced Offensive Skills designed to enhance and expand an athlete's skill set

- Shooting and scoring drills
- Perimeter moves currently used by college and Pro players
- Shooting instruction and development
- Creating space to score
- Finishing Drills
- Advanced ball handling concepts



To register please send registration form and full camp payment to:

Scott Lindgren  
Leeds Public School  
530 1<sup>st</sup> St SE  
Leeds, ND 58346

For questions about the clinic please contact:

Scott Lindgren (406) 671-8039  
[scott.lindgren@k12.nd.us](mailto:scott.lindgren@k12.nd.us)

*Each athlete will receive Warwick Workout shorts and t-shirt*

For more information, visit our website at [WarwickWorkouts.com](http://WarwickWorkouts.com) or contact North Dakota Director Greg Foster at 701-208-1341

## Benson Co. Offensive Skills Camp Registration Form July 5 & 6, 2016

Name of Athlete \_\_\_\_\_ Grade \_\_\_\_\_

Parent Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

7th-12th Grade Boys & Girls (\$145)

Make checks payable to: Avera Sports

### Camp Waiver Information

I understand that the staff is not and will not be held responsible for illness or injury while my child participates in camp activities. I authorize the staff to secure any emergency treatment deemed necessary. I also acknowledge that the above participant is physically ready for camp activities.