



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

Thompson Offensive Skills Training Camp

Camp Date: July 20-22, 2016

Location: *Thompson High School Gym* (Thompson, ND)

with Warwick Workout Lead Trainer – Greg Foster

Session 1: 8th-12th Grade Boys & Girls

Wednesday, July 20.....9:00 am - noon

Thursday, July 21.....8:30-10:30 am or 10:30-12:30 pm *Shooting*

sessions – athletes will be broken into 2 groups after the first session – If our total number of athletes is less 30 we might have everyone do their shooting together from 9:30 am to 11:30 am.

Friday, July 229:00 am - noon

Cost: \$145 - Each athlete will receive Warwick Workouts shorts and t-shirt.

Session 2: 5th-7th Grade Boys & Girls

Wednesday, July 20..... 1:00-3:30 pm

Thursday, July 21 1:00-3:30 pm

Friday, July 22 1:00-3:30 pm

Cost: \$125

****Each athlete will receive Warwick Workouts basketball and t-shirt.**

Shooting session – Athletes will attend 1 of the 2 shooting sessions times. This helps to ensure we have the most productive shooting session and optimal teaching environment.

Camp Features:

3 session camp – focused on Offensive Skills designed to enhance and expand an athlete's skill set

- Shooting and scoring drills
- Perimeter moves currently used by college and Pro players
- Shooting instruction and development
- Creating space to score
- Finishing Drills
- Advanced ball handling concepts



To register please send registration form and full camp payment to:

Thompson High School
c/o Jason Brend
424 3rd Street
Thompson, ND 58278

Make checks payable to: Avera Sports

Any questions please contact:

Jason Brend (GBB) Brandy George (BBB)
(218-779-3525) (701-739-4211)

jason.brend@tps-k12.org brandy.george@tps-k12.org

For more information, visit our website at WarwickWorkouts.com or contact North Dakota Director Greg Foster at 701-208-1341

Thompson Offensive Skills Camp Registration Form

July 20-22

Name of Athlete _____

Grade _____

Parent Name _____

Phone Number _____

Session 1: 8th-12th Grade Boys & Girls (\$145)

Make checks payable to: Avera Sports

Session 2: 5th-7th Grade Boys & Girls (\$125)

Camp Waiver Information

I understand that the staff is not and will not be held responsible for illness or injury while my child participates in camp activities. I authorize the staff to secure any emergency treatment deemed necessary. I also acknowledge that the above participant is physically ready for camp activities.