## **Boys Pre-Season Training Camp**

Clinic Date: November 26

7th-12th Grade Boys

Featuring Warwick Workout Lead Trainers: Shane Warwick & Cody Schilling

## 7th - 12th Grade Boys

Location:

**Avera Sports Center** 

Sioux Falls, SD

## **Dates & Times:**

Wednesday, November 26 9:00-11:30 am 1:00-3:00 pm

**Cost: \$99** 

Payment will be collected on the first day of camp Please make checks payable to **Avera Sports.** 

Each athlete receives a Warwick Workouts Hoodie with camp

## **Camp Goals**

Pre-season Training Camp goal is to prepare you for your upcoming season. This series of workouts will focus on shooting technique, footwork, shooting off the dribble, creating your own shot, as well as all other aspects of shooting and advanced ball handling concepts. These workouts will assist athletes to become a more effective shooter, scorer and ball-handler.

To register or with questions contact Kris Warwick OR Cody Schilling

Warwickworkouts@gmail.com

(605)391-6700 Kris (712)461-2316 Cody

For more information, visit our website at WarwickWorkouts.com or contact us at 605-391-6700 or warwickworkouts@gmail.com



