



## 45 Minute Workout (Individual/Small Group)

Number of Athletes	Total Cost of the session	Cost to each Athlete
1	\$ 60	\$ 60.00
2	\$ 80	\$ 40.00
3	\$ 105	\$ 35.00
4	\$ 120	\$ 30.00

## 60 Minute Workout (Small Group/Team)

Number of Athletes	Total Cost of the session	Cost to each Athlete
5	\$ 150	\$ 30.00
6	\$ 160	\$ 26.67
7	\$ 170	\$ 24.30
8	\$ 180	\$ 22.50
9	\$ 190	\$ 21.10
10	\$ 200	\$ 20.00

## 90 Minute Workout (Small Group/Team)

Number of Athletes	Total Cost of the session	Cost to each Athlete
5	\$ 200	\$ 40.00
6	\$ 210	\$ 35.00
7	\$ 220	\$ 31.43
8	\$ 230	\$ 28.75
9	\$ 240	\$ 26.67
10	\$ 250	\$ 25.00

Contact Kris to schedule individual or small group workouts. (605) 391-6700 <a href="mailto:warwickworkouts@gmail.com">warwickworkouts@gmail.com</a>